



# Pacienți cu nevoi speciale

## Urgențe în sedare și analgezie



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# Special considerations

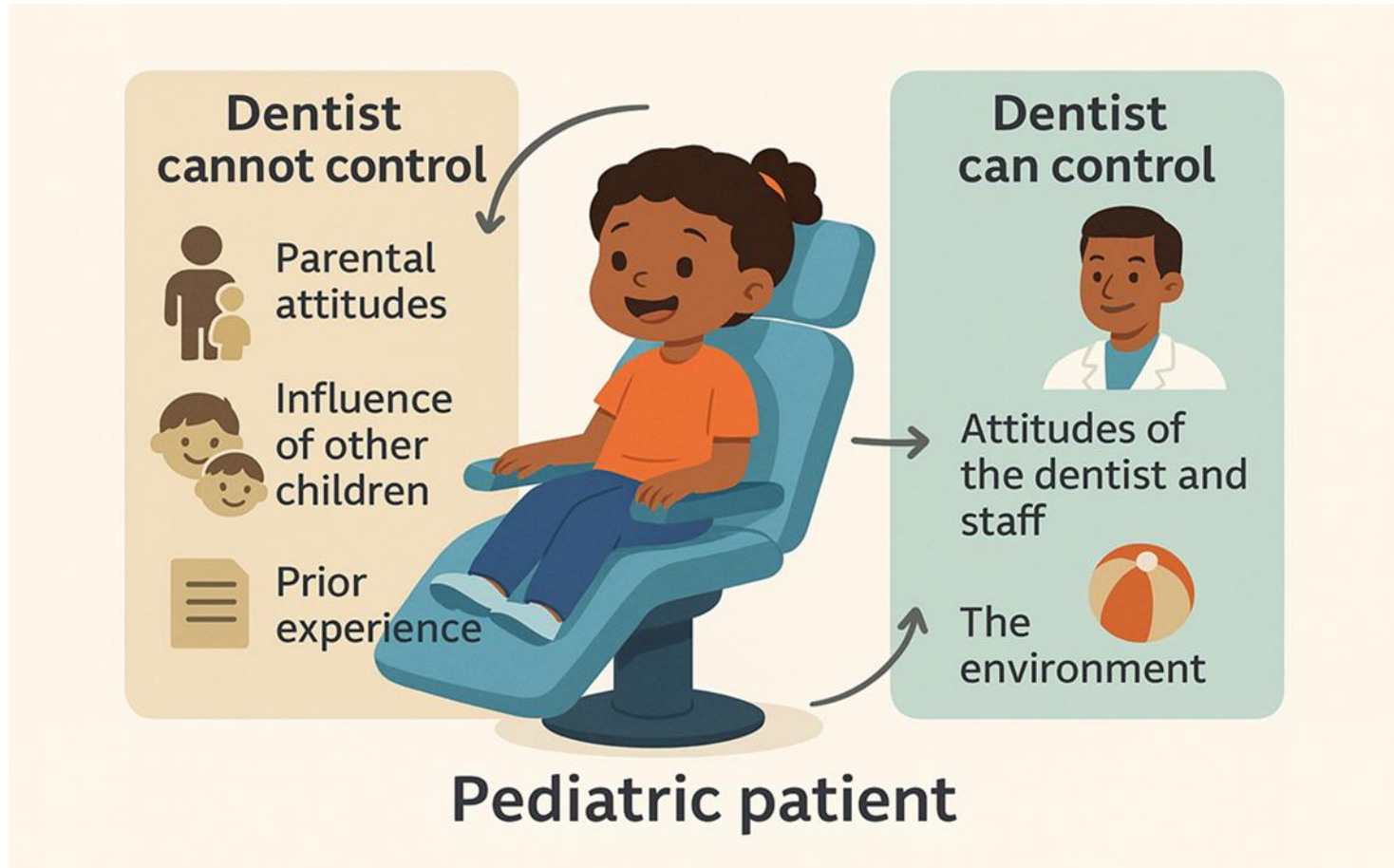
Pediatric  
patients

Geriatric  
patients

Neurologic  
Illnesses and  
other conditions

# The pediatric patient

## Factors Influencing Patient Response



# Behavioral Evaluation of the Pediatric Patient

- **Frankl Behavior Rating Scale:** dentist places the child's behavior into one of four categories



## **Definitively negative**

Refusal of treatment, forceful crying, fearfulness



## **Negative**

Reluctance to accept treatment; uncooperativeness; sullen, withdrawn



## **Positive**

Acceptance of treatment; cautious behavior at times; willingness to comply



## **Definitely positive**

Good rapport with the dentist; interest in procedures; laughter and enjoyment

## System devised by Wright

### 1. Cooperative

### 2. Lacking cooperative ability

- A) Very young children with whom communication cannot be established or comprehension expected
- B) Children with specific debilitating or handicapping conditions

### 3. Potentially uncooperative behavior

- A) Uncontrolled behavior:
- B) Defiant behavior: may use passive resistance
- C) Timid behavior
- D) Tense cooperative behavior
- E) Whining behavior

## The Functional Inquiry

to learn about patient and parental concerns

to gather information to enable a reliable estimate of the cooperative ability of the child

are conducted in two ways

- paper-and-pencil questionnaire completed by the parent
- direct interview of child and parent

Ex.: How do you think your child has reacted to past medical procedures?

- Very well, Moderately well, Moderately poorly, Very poorly

How would you rate your own anxiety (fear, nervousness) at this moment?

How do you expect your child to react in the dental chair?

# Determining the need for sedation in pediatric patients



1. Assessment of dental need
  - Minimal treatment vs full mouth treatment
2. Patient cooperation
  - at least one and preferably two attempts at treatment should be made before considering the use of sedation or general anesthesia
  - screaming as they walk in vs sits and cries throughout the treatment
3. Parental cooperation and involvement
4. Economic considerations
5. Alternative treatment plans
6. Preoperative health evaluation
7. Preoperative behavioral assessment
8. Training and experience of dentist and staff

## Techniques

1. Inhalation sedation (N2O-O2)
2. Oral sedation and inhalation sedation
3. Oral sedation

**NOT recommended** for use by a dentist not trained in the management of the unconscious patient and proficient in airway management:

- IV sedation with or without inhalation sedation
- IM/IN and IV sedation with or without inhalation sedation
- Use of the above with body and oral restraints

**OMS 1921/10.12.2025 – OMS 1500/2009**



## Factors affecting pediatric drug dosage



Age of  
the child



Weight  
of the child



Mental  
attitude  
of the child



Level of  
sedation  
desired



Physical  
activity  
of the child



Contents  
of the  
stomach



Time of  
day



Ability  
to titrate

# Recommended Monitoring for Pediatric Patients<sup>10</sup>

	MODERATE SEDATION	DEEP SEDATION
Personnel	An observer who will monitor the patient but who may also assist with interruptible tasks; should be trained in PALS	An independent observer whose only responsibility is to continuously monitor the patient; trained in PALS
Responsible practitioner	Skilled to rescue a child with apnea, laryngospasm, and/or airway obstruction, including the ability to open the airway, suction secretions, provided CPAP, and perform successful bag-valve-mask ventilation; recommended that at least one practitioner should be skilled in obtaining vascular access in children; trained in PALS	Skilled to rescue a child with apnea, laryngospasm, and/or airway obstruction, including the ability to open the airway, suction secretions, provided CPAP, and perform successful bag-valve-mask ventilation, tracheal intubation, and cardiopulmonary resuscitation; training in PALS is required, at least one practitioner skilled in obtaining vascular access in children immediately available
Monitoring	Pulse oximetry ECG recommended Heart rate Blood pressure Respiration Capnography recommended	Pulse oximetry ECG recommended Heart rate Blood pressure Respiration Capnography recommended
Other equipment	Suction equipment, adequate oxygen source/supply	Suction equipment, adequate oxygen source/supply, defibrillator required
Documentation	Name, route, site, time of administration, and dosage of all drugs administered Continuous oxygen saturation, heart rate, and ventilation (capnography recommended); parameters recorded every 10 minutes	Name, route, site, time of administration, and dosage of all drugs administered Continuous oxygen saturation, heart rate, and ventilation (capnography required); parameters recorded at least every 5 minutes

<p>Dedicated recovery area with rescue cart properly stocked with rescue drugs and age- and size-appropriate equipment and dedicated recovery personnel; adequate oxygen supply</p>	<p>Recommended; initial recording of vital signs may be needed at least every 10 minutes until the child begins to awaken, then recording intervals may be increased</p>	<p>Recommended; initial recording of vital signs may be needed for at least 5-minute intervals until the child begins to awaken, then recording intervals may be increased to 10–15 minutes.</p>
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## Safety Checklist



### Emergency kit



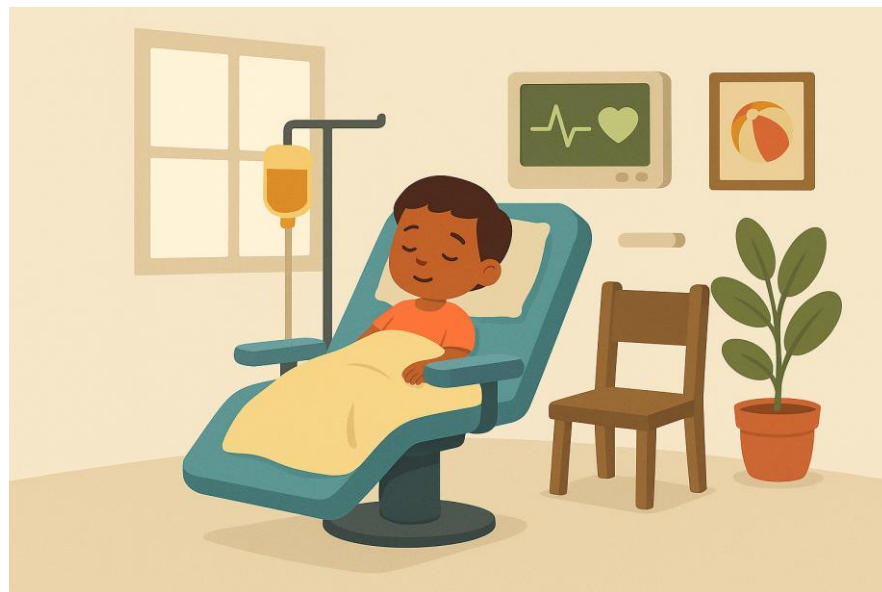
- ✓ Oxygen
- ✓ Suction
- ✓ Emergency drugs



### Monitoring



- ✓ Pulse oximeter
- ✓ Blood pressure cuff
- ✓ Heart rate monitor



# DRUGS



Diazepam oral  
+ N2O-O2

Midazolam  
(oral) + N2O-  
O2

Hydroxyzine +  
N2O-O2

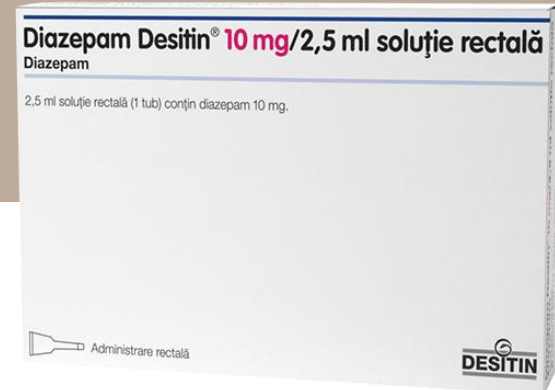
Diazepam  
alone

Hydroxyzine  
(Atarax or  
Vistaril) alone

Midazolam  
(intranasal) +  
N2O-O2

# What about intrarectal route?

- Desitin = Diazepam 5/10 mg rectal tubes - Not mentioned in OMS 1921/2025



Feature	Rectal (Intrarectal) Route	Oral Route
Administration	Via rectum (suppository, rectal solution)	Swallowed (tablet, capsule, liquid)
Onset of action	Moderate to fast (drug-dependent)	Slow to moderate
First-pass metabolism	Partially avoided	Present (hepatic first-pass effect)
Absorption	Variable	More predictable
Patient comfort	Lower	Higher
Use in vomiting/unconscious patients	Suitable	Not suitable
Dose control	Less predictable	More precise
Long-term use	Not recommended	Suitable
Typical use	Emergencies, pediatrics, when oral route is not possible	Routine and chronic treatment

Hydroxyzine	Midazolam	Diazepam
Dose is 0.6 mg/kg PO	Dose 0.25 - 0.75 mg/kg PO	Dose 0.2 to 0.4 mg/kg PO

## Hydroxyzine



### Pros

- ✓ Provides sedation and anti-anxiety effects
- ✓ Also has antiemetic and antihistamine properties

### Cons

- ⚠ Slower onset (15-60 minutes)
- ⚠ Can cause drowsiness and dry mouth

## Midazolam



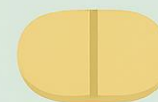
### Pros

- ✓ Rapid onset (10-30 minutes)
- ✓ Strong anxiolytic and amnesic effects
- ✓ Flexible routes (oral, intranasal)

### Cons

- ⚠ Shorter duration; may require repeat dosing

## Diazepam



### Pros

- ✓ Effective anxiolytic and muscle relaxant
- ✓ Long history of safe use in pediatric sedation
- ✓ Oral solution and tablet options

### Cons

- ⚠ Slow onset (45-60 minutes)
- ⚠ Long half-life → prolonged recovery



## Inhalation Sedation

- Nasal hood



# Discharge Criteria



Cardiovascular function and airway patency are satisfactory and stable



Patient is easily arousable and protective reflexes are intact



Patient can talk (if age appropriate)



Patient can sit up unaided (if age appropriate)



For very young or handicapped child: return to pre-sedation level of responsiveness



State of hydration is adequate



Must be accompanied by a parent, legal guardian, or responsible person



If parent or guardian insists on early discharge: note in chart and countersign by a second person



# The geriatric patient

## The Geriatric Patient



Young-old  
Ages 65 to 74

Old  
75 to 84

Oldest-old  
85 and older







Chronological    Biological


Everyone ages in  
two ways:  
chronologically  
and biologically

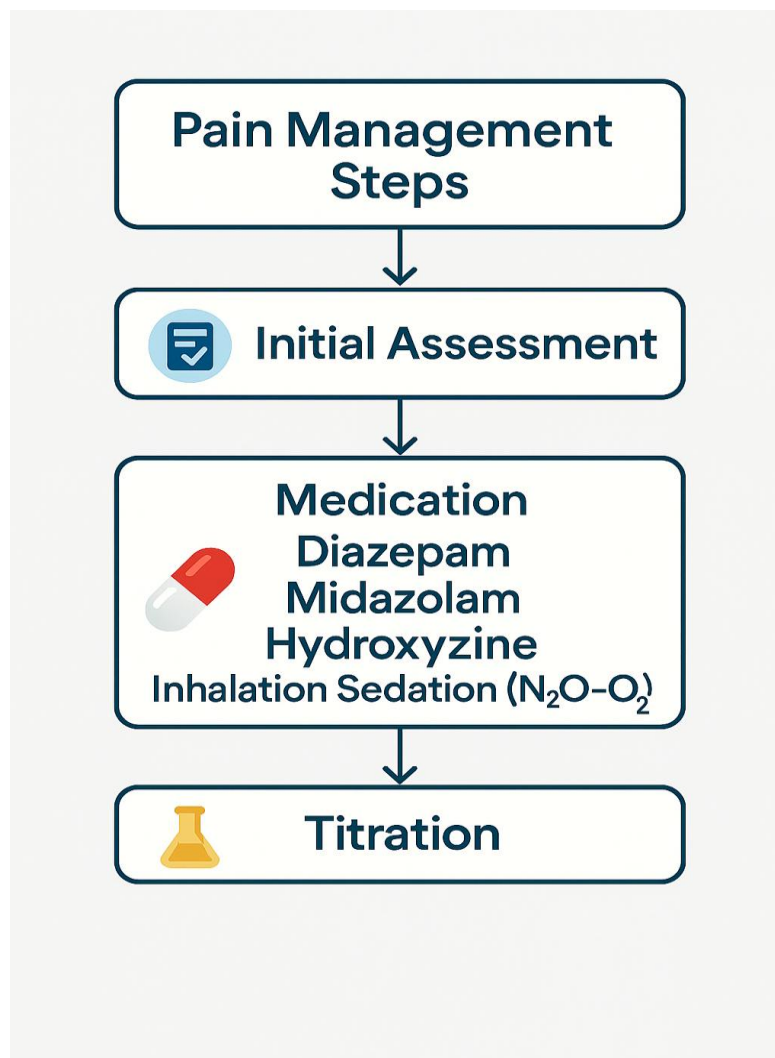
# Challenges in Geriatric Dental Care

## Key Challenges

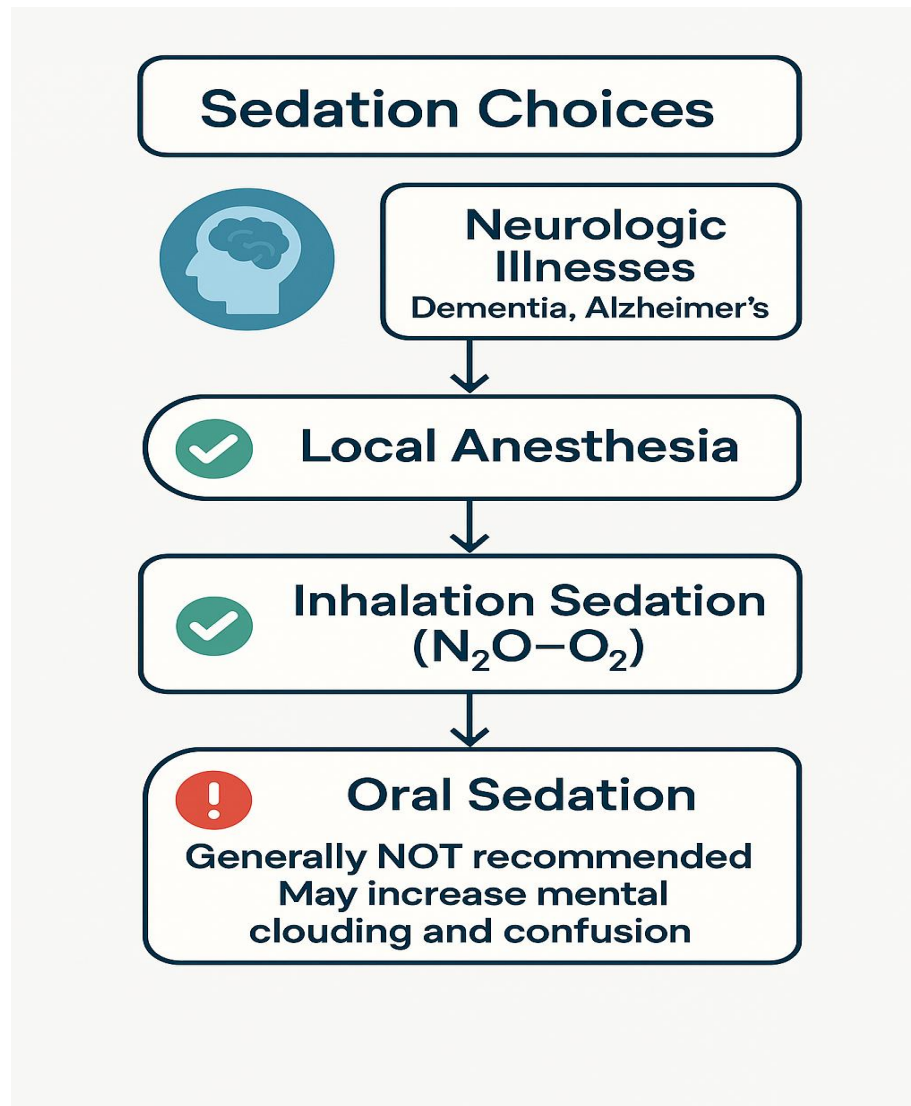
-  Polypharmacy (drug interactions)
-  Reduced physiological reserve
-  Cognitive decline
-  Mobility limitations

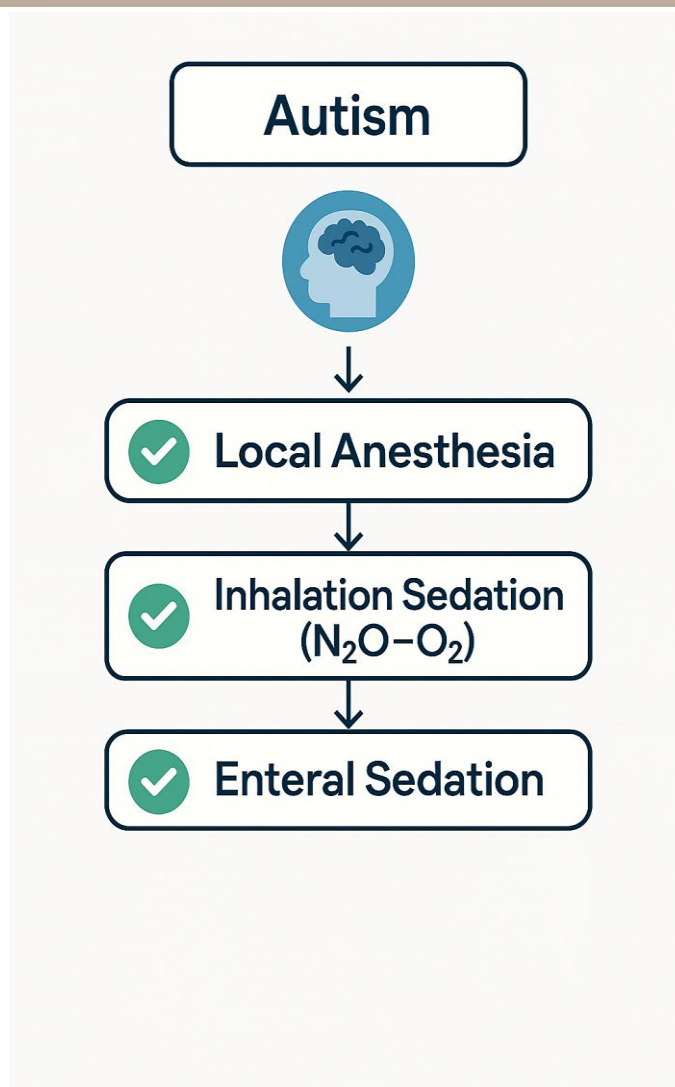
## Risk Factors

-  Cardiovascular disease
  - Diabetes
-  Osteoporosis
  - Frailty



# Neurologic illnesses and other conditions





# Intellectual and Developmental Disabilities



## Local Anesthesia

- Preferred for most procedures
- Use short-acting anesthetics
- ⚠ Avoid long-acting agents (risk of lip/cheek biting)
- Monitor for self-injury post-procedure



## Inhalation Sedation (N<sub>2</sub>O–O<sub>2</sub>)



## Oral Sedation



# Emergencies in dental practice

## Emergencies during Sedation



### Preparation for Emergencies

- Emergency kit ready
- Staff trained



### Basic Life Support (BLS)

- Airway
- Breathing



### Advanced Cardiovascular Life Support (ACLS)

- If indicated



### Pediatric BLS/ALS

- If patient is a child



### Team Approach to Emergency Management

- Assign roles
- Communicate clearly

Overdose

Allergy

Hypotension

Hypertension

Cardiac  
dysrhythmias

Airway  
obstruction

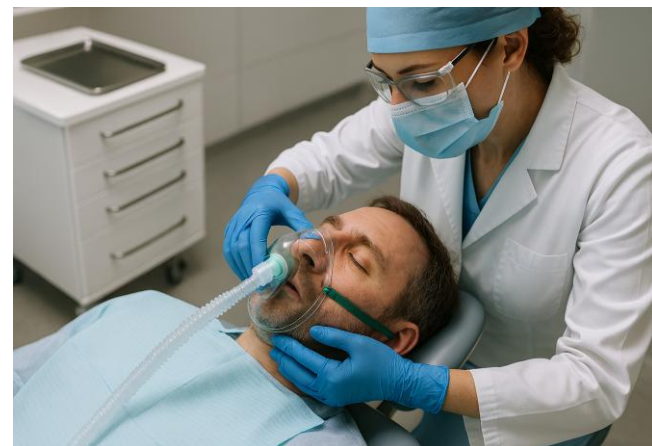
Emesis and  
aspiration

Hyperventilation

Seizures

Hypoglycemia

Syncope





# Steps



Recognise the emergency



Terminate the treatment



**P:** position the patient

Supine with feet elevated (hypotension)

Upright or semierect position (difficult breathing)



**ABC:** airway, breathing, circulation



**D :** definitive treatment



Activate EMS

# Take home message

- The best treatment for these emergencies is their prevention
  - Adequate preoperative patient evaluation
  - Adherence to recommended technique
  - Intraoperative monitoring
  - Postoperative management
  - LAW