ANAESTHESIA FOR THORACIC SURGERY IN CHILDREN -PARTICULARITIES-

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NEONATAL SURGERY

Most common thoracic non-cardiac surgical conditions:

Oesophageal atresia, with or without tracheo-oesophageal fistula

Congenital diaphragmatic hernia

Anesthetic techniques must be tailored to child and surgery, but the key principles of management are similar

Differencies in anatomy, physiology, pharmachology in neonates

- Oxigen consumption is twice that of an adult 7 ml/kg/ hour
- Hypoxia develops quickly
- Diaphragmatic breathing is important. Abdominal distension may compromise
- Thermolability warming fluids and active warming strategies
- Response to hypoxemia is temperature dependent

- Haemoglobin 20 g/dl but fetal Hb, poor tissue oxygen delivery.
- Postoperative apnea, mostly in prems and anaemia
- Vitamin K dependent clotting factors are low at birth. Vitamin K 1 mg IM
- Adequate analgesia! nociceptive pathways develop and vulnerable long term consequences
- Hypoglycemia

Congenital heart disease

Echocardiography preoperatively

 Prostacyclin infusion for patency of ductus arteriosus. Low pulmonary lung perfusion may need systemic to pulmonary artery shunt

ANESTHESIA

- Fasting 6 hours (formulas), 3-4 hours (breast- fed), 2 hours (clear fluids)
- Tracheal intubation. Laringeal mask size 1 <</p>
- MAC higher
- Myocardium sensitive to depression and vagotonic action of volatile agents Atropine 0.02 mg/kg
- Sevo for induction, Sevo, Iso or Desflurane for maintenance
- Opioid- based techniques when postop ventilation
- Venous capacitance is relatively low
- Maintaining normothermia

OESOPHAGEAL ATRESIA AND TRACHEO-OESOPHAGEAL FISTULA

- Several variants
- 5 types classification; with or without fistula
- Type C distal tracheao-oesophageal fistula
- Polyhydramnios, malformations, anomalies
- First feed no passage of a nasogastric tube
- Chest X ray coiled tube
- Aspiration
- Chronic lung disease
- continuous low level suction
- gastrointestinal ventilation, distension, respiratory compromise
- Gentle gas induction







OESOPHAGEAL ATRESIA

No nitrous oxide

Gentle epigastric pressure by the assistant

Intubate deep and withdraw to block the fistula

Rigid bronchoscopy

If gastric distension – disconnect and decompress the stomach via the tracheal tube. Urgent gastrostomy is not useful

Fogarty catheter to block the fistula

Right thoracotomy, right lung retracted, gentle hand ventilation

Unstable, desaturations, re-ventilation of the compressed lung

Ligation, anastomosis, labeled transanastomotic tube.



OESOPHAGEAL ATRESIA

- Oesosophagostomy
- Gastrostomy
- Extubate vs postop ventilation (curare)

- Gastrooesophageal reflux
- Tracheomalacia aortopexy
- Strictures. Dilations of oesophagus



CONGENITAL DIAPHRAGMATIC HERNIA

- 1 / 5000 live births
- Left hand side
- Antenatal diagnosis
- Lung underdeveloped, abdominal viscera cranial migration, pushed mediastinum
- Respiratory distress
- HFOV or ECMO
- Pulmonary hypertension
- Nitric oxide



CONGENITAL DIAPHRAGMATIC HERNIA

- Surgical closure stable, conventional ventilation, off inotropic support
- CHD 98% left posterolateral (Bochdalek), 2% retrosternal
- Primary closure/ patch (anterior abdominal wall scaphoid)
- Derotation and fixation of the abdominal content
- Elective appendicectomy

 Postoperatively - hypoxia ongoing – pulmonary hypertension, right to left shunting through ductus arteriosus

CONGENITAL ABNORMALITIES OF THE LUNG CONGENITAL LOBAR EMPHYSEMA

- Due to bronchial cartilaginous dysplasia
- Valve effect, emphysematous accumulation of air, poor deflation of the lobe
- Left upper lobe
- Incidental X ray finding, to acute distress
- Lobectomy



CONGENITAL CYSTIC ABNORMALITIES OF THE LUNG

Cystic adenomatous malformation

Pulmonary sequestration

Bronchogenic cysts

Symptoms caused by mass effect or secondary infection

Congenital cystic adenomatous malformation

- Local arrest of maturation of fetal lung
- Filled cysts non communicating
- Resection to relieve compression / infection, malignant change

Pulmonary sequestration

- Separate bronchopulmonary mass or cyst disconnected from the bronchial tree
- but separate blood supply from the aorta

From a supernumerary lung bud



Bronchogenic cysts

Solitary, unilocular, mucus filled

May become infected



ACQUIRED PATHOLOGY THORACIC TUMOURS IN CHILDREN

- Primary lung
- Thoracic neuroblastoma
- Metastases
- Anterior mediastinal mass
- Hematological malignancy ex lymphoma, or primary malignancy
- Compression, airway obstruction, venous return
- Risc with relaxation and changing position
- Rigid bronchoscope, or prone position.
- Cardiopulmonary bypass





PLEURAL COLLECTIONS EMPYEMA

- Bacterial pneumonia pneumococcal
- Purulent pleural effusion
- Broncho pleural fistula
- Surgical decortication, on a small thoracotomy incision
- Bacteriemia and haemodinamical compromise
- Treat anaemia. Blood loss!
- Stabilise. Possible postoperative ventilation

LUNG ABCESSES

- Primary infection
- Foreign body

- Lung resection
- Bronchopleural fistula

Protective one lung ventilation

BRONCHIECTASIS

- Damaged and dilated bronchi
- Cystic fibrosis
- Associated with immune compromise

Surgical resection with single lung ventilation

CHEST WALL DEFORMITY

- Pectus escavatum. Pectus carinatum
- Ravitch, Nuss procedure

Thoracoscopy with CO2

Pain; epidural

ANAESTHESIA FOR THORACIC SURGERY SPECIFIC CONSIDERATIONS

Hypoxic pulmonary vasoconstriction

Limites blood flow through unventilated or hypoxic areas of lung

Inhibitory effects of inhalational anaesthetic agents on HTP – debatable

LATERAL DECUBITUS POSITION

Ventilation/perfusion mismatch may result in hypoxaemia

More marked in infants

FRC increases when moved from supine to lateral

Opening pleura, than retracting the lung decrease FRC with 50 %

FRC returns to baseline on completion of surgery

LUNG RETRACTION

- When single lung ventilation is not possible
- Low compliance
- Saturation 85 90 %
- Avoid lung contusion and mediastinal compression occlude venous return to the hearth.
- Use PEEP during thoracotomy

SINGLE LUNG VENTILATION

Single lumen tube

- The mainstem bronchus of the nonoperative side is intubated with a tube 0.5 mm smaller than normal; usually the right main bronchus
- For left, raise the right shoulder and turn the head towards the right
- Fiber-optic bronchoscope passed through the tube, than advancing the tube over the bronchoscope
- Movement tolerance in small children is 2-3 mm, ! upper lobe ventilated
- The upper right bronchus can arise from the carina , or directly from the trachea
- Auscultation, when moving the child.
- Sealing the bronchus with an uncuffed tube
- Cuff can occlude the upper lobe bronchus

SINGLE LUNG VENTILATION

Baloon-tipped bronchial blockers

- Baloon, central lumen which the lung deflates
- End hole balloon wedge catheter
- Fogarty embolectomy catheter
- Wire guided endobronchial blockers WEB; 5 Fr, outher diameter 1.7 mm; passed through bronchoscopy
- 2.2 bronchoscope admit a 4.5 mm internal diameter tracheal tube. 9.7 kg child

SINGLE LUNG VENTILATION

- Univent tube
- Conventional tracheal tube with a second lumen through which a bronchus blocker is advanced
- 3.5 mm internal, same as a 5 mm tracheal tube; children > 2 years.

- Double lumen tubes
- Two inequal length tubes moulded together. Left / right sided
- Adolescence

INDICATIONS FOR SLV IN CHILDREN

Strong indication

- major gas trapping in one lung or pleural space
- lobectomy to prevent airway soiling by blood or pus
- minimally invasive thoracic surgery

Moderate indication

- lobectomy or pneumectomy for cystic malformations and tumour
- anterior spine surgery
- oesophageal or aortic surgery

Contraindication SLV

- unacceptable hypoxia after institution of SLV
- safe isolation of the lung impossible

BRONCHOSCOPY

- Rigid and flexible
- Prior to intubation
- Lung isolation, variants, microbiological tests
- Stridor, infections, trauma, tracheomalacia, stenosis, extrinsic compression ...
- Smallest flexible 2.8 mm; without succion 2.2 mm
- Through laryngeal mask or transnasally
- Rigid; can ventilate if attaching a open circuit to the side arm of a Storz bronchoscope
- Inhalational agents, or I.V.

VIDEO ASSISTED THORACOSCOPIC SURGERY

- Minimally invasive surgery
- Intrapeural insufflation of carbon dioxide; venous return !

Pleural drains

- Tube + one way valve + collecting chamber
- Different suction sources for different tubes
- Not clamped or occluded in IPPV tension pneumothorax!

PRINCIPLES OF ANAESTHESIA FOR THORACIC SURGERY

- Topical local anaesthetic
- Nitrous oxide contraindicated

Vascular access

- Bleeding, plasma losses
- Peripheral and central venous access
- CVP monitoring can be misleading in lateral decubitus
- Invasive arterial pressure monitoring

VENTILATION STRATEGIES

- No spontaneous ventilation
- Muscle relaxation and IPPV
- Sever congenital lobar emphysema; spontaneous vent until the chest wall is opened, or slow respiratory rate without PEEP, SLV when possible
- Tailoring the ventilation
- Spirometry
- Manual ventilation
- Permissive hypercapnia
- Compliance monitoring
- End tidal capnography may underestimate PaCO2, in SLV

POSTOPERATIVE MANAGEMENT AND ANALGESIA

Postop analgesia in neonates

- IV nurse controlled morphine
- Boluses 10 mcg/ with 20-30 min lockout, no background infusion.
- Paracetamol
- Prems 45 mg/kg/ day
- 32 weeks postmenstrual age to 3 months 60 mg/kg
- Ibuprofen not licenced below 3 months
- Epidurals
- Levobupivacaine plain 0.125 %, up to 0.3 ml/kg/h

POSTOPERATIVE ANALGESIA IN CHILDREN

Intensive therapy

Pain management, physiotherapy, CPAP

- Most intense pains
- Combination of regional + systemic analgesia (opioid and non steroid).

POSTOPERATIVE ANALGESIA IN CHILDREN

- Regional anaesthesia
- Intercostal nerve blocks
- Subpleural space catheter, blocking also the paravertebral space
- Epidural analgesia catheter at the op level , or caudally inserted
- Intrapleural instillation of LA; toxicity!

POSTOPERATIVE ANALGESIA IN CHILDREN

- Systemic analgesia
- Opioid infusion, NCA or PCA boluses, 48 hours after thoracothomy, in addition to RA
- Paracetamol
- NSAID

THANK YOU!